

Sunday worship at St Andrew's and St James' are online and recorded this weekend due to the Covid Lock Down. Sunday worship is available online at www.kyabramanglican.org.au
This week Sunday 8th August we continue our Ephesians series with Ephesians 5.

If you would like the DVD of this week's service delivered to your letterbox please contact David 0428 521 031 or kyabram.anglican@gmail.com If gatherings are permitted our next services will be Sunday 15th Aug Kyabram 9 & 11am, Tongala 7pm.

A Diocesan service of Morning Prayer, will be conducted via Zoom at 10am on Sunday 8th August:

<https://us02web.zoom.us/j/81490063028?pwd=Y2lzaWxTeTRxTXlUckx0dHpsbERCdz09>
Meeting ID: 814 9006 3028 Passcode: 095486

Our planed restart of the Monday night Community Meal is now on hold due to the lock down.

Sentence of Scripture

Be imitators of God, as beloved children, and live in love,
as Christ loved us and gave himself up for us.

Ephesians 5.1–2

Prayer of the day

Grant, O Lord,
that we may see in you the fulfilment of all our need,
and may turn from every false satisfaction
to feed on the true and living bread
that you have given us in Jesus Christ;
who lives and reigns with you and the Holy Spirit,
one God, now and for ever. Amen.

Readings

John 6:35, 41–51

The Gospel of our Lord Jesus Christ **Glory to you Lord Jesus Christ.**

³⁵ Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.

⁴¹ Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." ⁴² They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" ⁴³ Jesus answered them, "Do not complain among yourselves. ⁴⁴ No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵ It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. ⁴⁶ Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷ Very truly, I tell you, whoever believes has eternal life. ⁴⁸ I am the bread of life. ⁴⁹ Your ancestors ate the manna in the wilderness, and they died. ⁵⁰ This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹ I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."
(NRSV)

This is the Gospel of our Lord, **praise to you Lord Jesus Christ.**

Ephesians 5:1 - 6:9

¹ Therefore be imitators of God, as beloved children, ² and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God. ³ But fornication and impurity of any kind, or greed, must not even be mentioned among you, as is proper among saints. ⁴ Entirely out of place is obscene, silly, and vulgar talk; but instead, let there be thanksgiving. ⁵ Be sure of this, that no fornicator or impure person, or one who is greedy (that is, an idolater), has any inheritance in the kingdom of Christ and of God.

⁶ Let no one deceive you with empty words, for because of these things the wrath of God comes on those who are disobedient. ⁷ Therefore do not be associated with them. ⁸ For once you were darkness, but now in the Lord you are light. Live as children of light— ⁹ for the fruit of the light is found in all that is good and right and true. ¹⁰ Try to find out what is pleasing to the Lord. ¹¹ Take no part in the unfruitful works of darkness, but instead expose them. ¹² For it is shameful even to mention what such people do secretly; ¹³ but everything exposed by the light becomes visible, ¹⁴ for everything that becomes visible is light. Therefore it says, “Sleeper, awake! Rise from the dead, and Christ will shine on you.”

¹⁵ Be careful then how you live, not as unwise people but as wise, ¹⁶ making the most of the time, because the days are evil. ¹⁷ So do not be foolish, but understand what the will of the Lord is. ¹⁸ Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, ¹⁹ as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, ²⁰ giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ. ²¹ Be subject to one another out of reverence for Christ.

²² Wives, be subject to your husbands as you are to the Lord. ²³ For the husband is the head of the wife just as Christ is the head of the church, the body of which he is the Savior. ²⁴ Just as the church is subject to Christ, so also wives ought to be, in everything, to their husbands. ²⁵ Husbands, love your wives, just as Christ loved the church and gave himself up for her, ²⁶ in order to make her holy by cleansing her with the washing of water by the word, ²⁷ so as to present the church to himself in splendor, without a spot or wrinkle or anything of the kind—yes, so that she may be holy and without blemish. ²⁸ In the same way, husbands should love their wives as they do their own bodies. He who loves his wife loves himself. ²⁹ For no one ever hates his own body, but he nourishes and tenderly cares for it, just as Christ does for the church, ³⁰ because we are members of his body. ³¹ “For this reason a man will leave his father and mother and be joined to his wife, and the two will become one flesh.” ³² This is a great mystery, and I am applying it to Christ and the church. ³³ Each of you, however, should love his wife as himself, and a wife should respect her husband.

¹ Children, obey your parents in the Lord, for this is right. ² “Honor your father and mother”—this is the first commandment with a promise: ³ “so that it may be well with you and you may live long on the earth.” ⁴ And, fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.

⁵ Slaves, obey your earthly masters with fear and trembling, in singleness of heart, as you obey Christ; ⁶ not only while being watched, and in order to please them, but as slaves of Christ, doing the will of God from the heart. ⁷ Render service with enthusiasm, as to the Lord and not to men and women, ⁸ knowing that whatever good we do, we will receive the same again from the Lord, whether we are slaves or free. ⁹ And, masters, do the same to them. Stop threatening them, for you know that both of you have the same Master in heaven, and with him there is no partiality.

(NRSV)

Hear the word of the Lord, **thanks be to God.**